



To play save the chef, cut out Mr Healthies body parts above. To learn the brain must revisit facts, have fun with them, play with them, then use them. Both Kevin and Carmichael have crazy, curious and questioning minds. In every book they will ask 10 questions concerning the books, Mr Healthy has 5 lives, 2 per body part. Have fun, play hangman, can you save Mr Healthy.

To revise, you must memorise in order to verbalise facts. Read out the questions below, can your junior chef save Mr Healthy with their memory?

1)	Name 3 fun games that will help liven up your lunchbox ?
2)	To balance your lunchbox diet name 4 nutrients that must be present?
3)	How can you keep your lunchbox chilled throughout the morning?
4)	What 2 protein power foods that are in the word search?
5)	The most eaten fruit on the planet is used in the 'bags of gold,' what is it?
6)	Name 3 power food vegetables found in the word search;
7)	4 different Breads that could vary your sandwich would be;
8)	What 2 vegetable could be dried to make healthier crips for dips?
9)	How could you vary the shapes of your sandwiches?
10)	Why do lions eat raw meat?